



NEWSLETTER N°: 1

## What is SPA-ROAD?



SPA-ROAD (Stress Prevention Activities for Road Transport Drivers and SME), is a European Transfer of Innovation Project, based in SPA project EL/04/B/F/PP-148268 (Stress Prevention Activities).

The main objectives of SPA-ROAD's Project are:

- To prevent and combat the stress of the road transport drivers (freights and passengers) and SME workers in order to improve their health and the European road safety.
- To promote effective risk assessment and prevention of work related stress.
- To raise awareness on the importance of preventing actions.

To do this, the project will develop a 2.0 web in a learning environment by create a training platform adapted to the SPA contents.

Road drivers and Road transport SME workers are the direct target groups of the project. SPA-ROAD may be also useful for the following groups:

- Trade unions
- Road transport SME
- Professional organisations working in this sector
- Training centres and driving schools
- Social agents
- Public authorities and legislation makers

This project has been funded with support from the European Commission. This publication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

The project began in October 2010 and expected to be completed in September 2012 with a public presentation in Castilla y León.

# Work is progressing well.

**First Transnational Meeting.** Piraeus (Greece), 17th – 18th of March, 2011.

## Objectives and results of the meeting

The first meeting took place during the 17th and 18th of March, 2011 in Piraeus.

At the first session, logically, each project partner introduced their organisations and their expectations for the project.

The second step of the meeting was a General presentation of SPA-ROAD project:

- INVESLAN introduced the background, objectives, target groups, types of transfers to be implemented, workpackages and project chronogram.
- IDEC presented the training contents to be developed.
- The leaders of the work packages 1, 2, 6 and 7 analysed the most important aspects more in depth.
- TCM UGT CyL introduced the structure of the project website, promotion via social networks and presented some proposals for the project logo.

The meeting ended with a presentation on the main financial aspects to take into consideration and the agreement on the date for the 2nd Meeting, the 20th – 21th of October 2010 in Budapest.



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# Other SPA-ROAD news

## SPA-ROAD has already a logo

After several changes, Spa Road has a logo!

The structure of the logo is the simplest possible, taking care to fully reflect the transport and communication sector.

The soft colors were chosen to reflect the specific topic of the project: the prevention of stress.



## Reports

In April will be developed the following internal reports within the Spa Road Project:

- 1 st Progress Report of the Project.
- Dissemination Plan.
- Exploitation Plan.

The promotor will continuously monitor the actions that each partner perform during the project's life. In addition, each partner will develop two national dissemination reports:

- Intermediate dissemination report: 10 October 2011
- Final dissemination report: 10 October 2012

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# FINAL RESULTS.



# PROJECT PARTNERS.

[www.portare.org](http://www.portare.org)



## Final Results

The final products to be offered are:

- Report of the state-of-art of the Stress Prevention Training in Road Transport (English).
- Dossier of training platform's contents to be included in the Final version of the Training Platform (English, Spanish, German, French, Greek, Hungarian and Bulgarian).
- Training Platform (English, Spanish, German, French, Greek, Hungarian and Bulgarian).
- Project website: [www.portare.org](http://www.portare.org) (English, Spanish, German, French, Greek, Hungarian and Bulgarian).
- Other documents: Validation Plan, Exploitation Plan, Dissemination Plan, Quality Report...

## Project Partners



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